



Camp 1: **Ground School** June 16th –June 20th

Camp 2: **Base Camp** June 23rd –June 27th

- Loose fitting clothes
- No jeans or short-shorts please
- Thin socks
- Closed toe shoes
- Water bottle
- Nutritious lunch or order from Radial Café daily

Camp 3: **Beyond the Limits** July 21st –July 25th (adventure needs for day 3-5)

- School size backpack
- Packed nutritious lunch daily
- 1 nalagene water bottle filled
- 1 gallon size Ziploc bag
- Closed toe athletic shoes or hiking boots
- sunscreen
- bug repellent
- 1 hat or cap w/ brim
- Bandana
- Whistle
- Backpacking toilet paper* (place in a small ziplock bag)
- camera (optional)
- 👉 If the climber wishes to bring their own climbing equipment, please make sure it is UIAA standards approved.
- Climbing harness
- Climbing helmet
- Climbing shoes

- will need nutritious lunch or order from Radial Café on day 1-2

Camp 4: **First Ascent!** July 29th –August 1st (adventure needs for day 2-5)

- 📝 Please have all of the climber’s camping and climbing gear packed and ready to check by UCC staff at the beginning of camp on Tuesday, July 29th
- 🏷️ Label everything clearly with climber’s name.
- 🗑️ Minimize trash! Please take newly purchased items out of the package, reduce and recycle before packing.
- 👉 All camping and climbing gear (excluding the sleeping bag and ground pad) must fit into 1 travel bag.
- ✉️ Send an email if you have any questions!

The Camp Gear List

- Sleeping bag

---must be in a stuff or compression sack or be capable of staying tightly rolled!

- Packlite Closed Cell Foam Pad*

These items, must fit into 1 travel bag:

- Flashlight/headlamp
- Xtra batteries
- (5)gallon size Ziploc bags
- (3)quart size Ziploc bags
- (2) lg. heavy duty trash bags
- 2 nalagene water bottles
- 2 long sleeve shirts
- 3 t-shirts
- 2 pair of capris, cargo or long shorts
- 1 pair of long pants (no jeans)
- Underwear
- 3 pairs of socks
- 1 hat or cap w/ brim
- Closed toe athletic shoes or hiking boots
- Flip flops
- Appropriate bathing suit
- Mess kit w/utensils
- Drinking cup
- 1 Bandana
- Whistle
- 1 Pack towel Ultralite*
- Backpacking toilet paper* (place in a small ziplock bag)
- Appropriate SPF sunscreen/block
- Sun burn care product
- Bug repellent
- Personal hygiene products (travel size and environment friendly preferred)
- Soap
- Shampoo
- Pack-lite toothbrush*
- Medications (labeled w/ directions for application)
- Camera (optional)

- If the climber wishes to bring their own climbing equipment, please make sure it is UIAA standards approved.**
- Climbing harness
- Climbing helmet
- Climbing shoes

*brand name

DO NOT BRING:

- Portable electronic devices
- Knives
- Matches or Lighters
- Fireworks

- ⊗ Pets
- ⊗ Drugs or Alcohol
- ⊗ Candy
- ⊗ Food (healthy camp meals will be planned and provided)

ExperientialLife/UCC is not responsible for lost personal items, homework or books. Please place the participants name on everything.

Suggested places to purchase camping needs:

Look around your home first!!

Campmor.com (best deals!)

The Climbing Store

Target

Army/Navy Store

[REI](#)