



## Guide to Purchasing Climbing Equipment

### Harness:

The harness should fit comfortably. Make sure no jabbing or pinching occurs. With the adjustment just above the hips, the climber should be able to grow into their harness, but it should not be too big or bulky.

- Black Diamond:** Wiz Kid or Kid's A-Bod Harness (retail \$35.00)
- Singing Rock:** Zenith (retail \$45.00)
- Trango:** Vertical Fo5 (retail \$40.00)
- Petzel:** Corax or Calidris (retail \$75.00-\$95.00)

### Shoes:

Shoes will be the most costly and reoccurring item you purchase for the young climber. For an adult, climbing shoes should fit tight (1/2 -2 sizes smaller than street shoe size) and w/o socks. But for a Club Team participant, and growing child, (esp. those in puberty), fit them at street shoe size w/ a sock. When they start to complain about the tightness, they will take off the sock and most likely have two more months in the shoes. A competitive team participant should fit w/o a sock and have a softer sole shoe.

For the sport of indoor climbing, shoes should have a softer sole.

- MadRock:** Monkey, Hooker EZ, Mugen
- 5.10:** Anasazi, Galileo, Coyote Lace Up or Velcro, Moccasym
- La Sportiva:** Cliff, Focus, Barracuda

### Belay Device:

All participants must have their own belay equipment. The belay equipment is in two parts. 1. The belay device, 2. the carabiner. Unless approved by the coach, all participants must use an ATC. It is easier for younger children to use a locking carabiner versus an auto-locking. New, Club Team members will start to work on their belay skills this season.

- Black Diamond** ATC
- Carbiners:** **Petzel** Attaché or William Petzel Screwgate

### Chalk bag & ball:

Every participant in the program must have their own chalk bag. Chalk bags are a personal preference (hand or finger bags). Look for one with a draw string, zip or snap to close.

Chalk bags: \$10-\$30

Chalk ball: \$5.00-\$9.00

### Other Training Equipment:

All competitive team members should have the following training equipment, installed and utilized:

1. Jump rope
2. Pull up bar
3. Hang board or rock rings

### Suggestions:

- ☺ Shop around. You may find great deals. Click on our links to find online outfitters.
- ☺ Do not purchase harness or shoes over the internet if you have not tried them on at an outfitters.
- ☺ Do not purchase used harness or equipment if it does not have a detailed history of original purchase and use.
- ☺ Focus on fit instead of style and color (good luck)
- ☺ Put climber's name on all equipment.

The Climbing Store is one sponsor of the Urban Core Climbing Program. The store is located inside of WallCrawler Rock Club. There are starter packages for \$150.00 on equipment (type of shoe purchase may vary the cost). Equipment can be ordered, so please take time to purchase the proper fitting equipment for your young climber. Climbers should have all equipment by the first practice date.